## May 2018

## **Wetumpka Senior Center**



The mission of the Prime Time Senior Enrichment Center is to provide programs and activities for adults 55 and over that promote the well being of older adults and enrich and increases socialization with others. Also, promote life long learning in a fun environment. Take advantage of the opportunities the Prime Time Senior Center offer and take steps to "being the best you can be." Center director is Mary Ann Barrett and Lillie Grayson is the part time assistant. Call 567-1335 for information.

## Meals served daily at 11:30am - Menus available at the center

+Check monthly calendar for exercise class schedule.

+Check calendar for "table game" day schedules.

\*Devotionals will be held each Wednesday at 10:30am

\*Bridge Club meets each Wednesday 12:00 - 3:00pm

\*Each Monday, Wednesday and Friday in May, Walk Wetumpka will start at 9:15am. Walking routes will vary.

\*May 1st and May 3rd - Make Mother's Day special for Meals on Wheels recipients with "handmade gifts." Class starts at 10:00am

\*May 3rd - National Day of Prayer Observance - Gold Star Park at 12:00

\*May 10th - Mother's Day Brunch at 10:30am

\*May 11th - Celebrate Mayfest at the Wetumpka Civic Center. Transportation will be provided for regular bus riders. Everyone else should meet at the civic center.

## \*May 13th - HAPPY MOTHER'S DAY

\*May 17th - Mulder Chat & Chew

\*May 24th - BINGO with Lake Martin

\*May 25th - Enjoy a picnic lunch at Fort Toulouse.

May 28th - Memorial Day "Thank a Veteran"

May 31st - "Bad Boy" BINGO

April Highlights

\*As you get older there comes a time when you're not scared of the dark or of monsters anymore ... You realize the dark is just the dark and monsters don't exist ... But it's also when you become scared of other things. PEOPLE... You learn that not everyone wants to see you succeed... You become aware of people's underlying intentions and selfish actions ... And the monsters you used to check for under the bed are now PEOPLE.

\*Family isn't always blood. It's the people in your life who want you in theirs: the ones who accept you for who you are. The ones who will

do anything to see you smile and love you no matter what.

